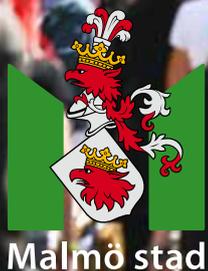
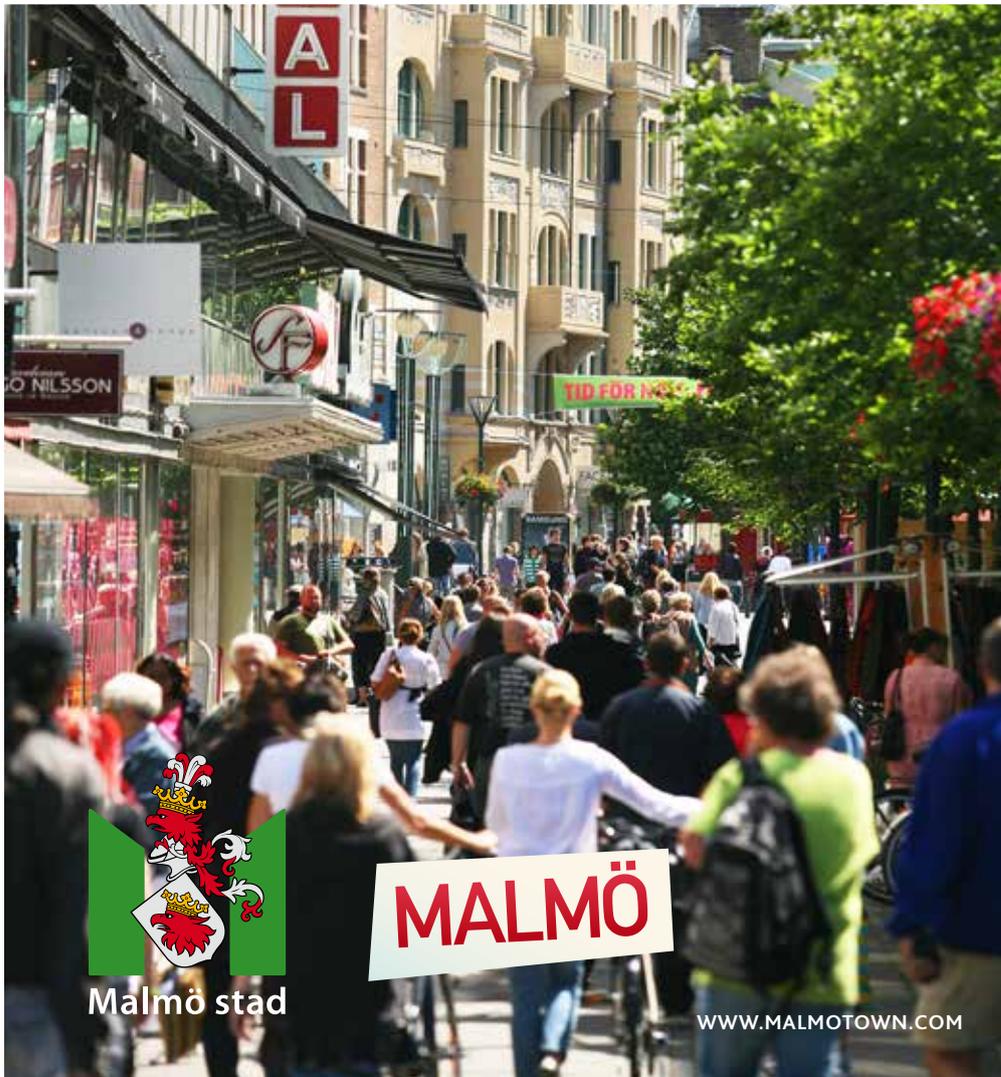


Experience Malmö!

Malmö has so much to offer that it can be hard to decide what to do. At Malmö Tourism, we're here to help! Be inspired by our suggestions for how your day in our city could pan out.



MALMÖ

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The Castle Garden, Turning Torso and the City of Musicals...

DAY 1

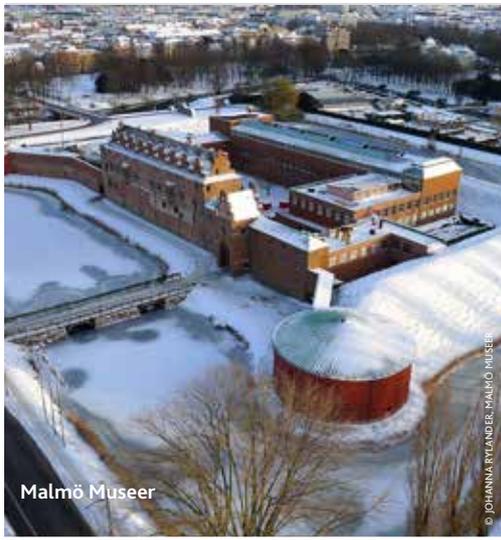
Start the day at Malmö Museums which are in and around Malmöhus Castle, the oldest preserved Renaissance castle in the Nordic countries, right in the middle of the Castle Park. The museums are spread across several buildings, including Malmöhus Castle, Teknikens och Sjöfartenshus, which contains the science and maritime collections, and Kommendanthuset, featuring exhibitions of photography. The aquarium in Malmöhus Castle is being completely renovated and will reopen around the beginning of 2015. In brief, Malmö Museums offer a wonderfully varied mixture of Gotland sheep, piranhas, a real submarine, history and temporary exhibitions. When it's time for lunch, visit Malmöhus Castle's restaurant Wega. If you plan to visit Malmö Museums in the evening, it's possible to arrange a group social event and an exclusive look around the exhibition Tidernas stad (The City of all Times), which illustrates the development of Malmö from 1850 until the present day.

When you've finished lunch and your visit to the museums, you can stroll around the Castle Garden, an organic oasis that is around the back of Malmöhus Castle. Depending on the season, you'll be able to see European columbine, sweet peas, perennials, tulips and much more ... lovely! Fancy a coffee after lunch? In which case, visit Slottsträdgårdens Kafé, the garden's very own café, which is run by well-known restaurateur Tareq Taylor. The coffee is good, and organic, and the cinnamon rolls are the best in town. Once you've been here you'll understand why Malmö is often called "the city of parks"!

Not far from Malmöhus Castle and the Castle Park, lies Malmö's newest neighbourhood; the Western Harbour. You probably know that Malmö's landmark the Turning Torso stands as a mighty exclamation mark in the middle of the area, but did you know that the aim of the entire Western Harbour is to be a sustainable and environmentally-friendly community, or that Malmö is among the best in the world when it comes to working with these issues? Visitors from around the world are drawn to the Western Harbour to learn from the mass of innovative solutions found here. Proximity to the sea, wonderful eateries, swarming crowds of people, deep-water swimming – that's right, the continental atmosphere – these are other factors that make the Western Harbour an absolute must for any visitor to Malmö. A great way to get to know the Western Harbour better is to take one of the various guided tours.

After a hearty dinner, the perfect place to round off the day is to take in a show at Malmö Opera or Nöjesteatern, you are in "the City of Musicals" after all. The entertainment here takes the form of operas and well-known musicals of the highest international standard. Why not start your visit to Malmö Opera with a guided tour behind the scenes; the building is an experience in itself!





Malmö Museer

© JOHANNA BYLANDER, MALMÖ MUSEER

Slottsträdgården



© OSKAR FALCÓN/MALMÖ TURISM



Turning Torso, Västra hamnen

© JÖRGEN LINDSTRÖM

Exhibitions, Chocolate and Green Roofs ...

DAY 2

A guided tour of Augustenborg Botanical Roof Garden, one of the world's largest publicly-accessible green roof gardens, is a rewarding experience of anyone who is interested in urban gardening and green roofs. This botanical garden – consisting of 9,500 m² of vegetated roofs, weighed down with sedums and mosses – is right in the middle of a residential area in the southern part of Malmö.

Back in the city centre, Malmö Chokladfabrik is a chocolate factory located in the old Mazetti factory close to Möllevångstorget and it well worth a visit. Take a guided tour and learn more about how chocolate is made. Malmö Chokladfabrik is the only chocolate factory in Sweden that imports its cocoa beans direct from South America and Africa. The chocolate museum provides an insight into the exciting history of Mazetti, including memories of the time when the classic brand Ögonkakao (eyes cocoa) was manufactured. You'll also find Malmö Brygghus in the Mazetti factory, a brewpub that offers beer tasting sessions. Lunch at Malmö Brygghus is a great way to round off your visit.

Spend the afternoon at Moderna Museet Malmö, a branch of Moderna Museet in Stockholm. Moderna Museet Malmö is housed in what is perhaps Sweden's most beautiful exhibition spaces, an old power station. Moderna Museet has a world-class collection, and the opening of a branch in Malmö has provided the Öresund Region with a unique art experience. Don't miss the opportunity to take a tailor-made museum tour.

Katrinetorps Landeri is a beautiful farm from the 19th century. Set in peaceful grounds, not far from the city, it has a rose garden, English park and kitchen garden. The newly-renovated exhibition space Stallet (the stables) is home to interesting exhibitions throughout the year and has a gift shop with a great selection of items. You can enjoy afternoon tea with fluffy scones and homemade jam in the main building. If you would prefer to have lunch, don't miss the opportunity to eat at Kleins Mat, located in one of the farm's wings, where the delicious food is inspired by the season and features vegetables grown in Katrinetorp's kitchen garden. Another event that draws visitors from far and wide is Katrinetorp's fantastic Christmas market in December.

What about the evening? Choose from the inviting selection at Casino Cosmopol, in the King's Park, or the stage at Slagthuset, close to the central station. At the casino, you and your party can take part in a Casino Challenge organised by the casino, and Slagthuset offers a number of concerts and musicals.



Augustenborgs Botaniska Takträdgård



Katrinetorps Landeri



Malmö Chokladfabrik



Moderna Museet Malmö

© TORBJÖRN CARLSSON, MALMÖ STAD

© JOSKAR FALCG/MALMÖTURISM

© MODERNA MUSEET, ÅSA LUNDÉN

Möllan, Crafts, Events ...

DAY 3

Visit the colourful market square Möllevångstorget, or as those who live in Malmö call it: "Möllan". Experience the lively, colourful market. The shops surrounding the square sell food from all four corners of the world; have a look in, wonder at the huge range and buy something really good. Möllan, the old heartland of the labour movement, has become a multi-cultural melting pot with an inspirational atmosphere! Continue the day over at another well-known square, Lilla Torg. Formargruppen is a stone's throw from the square, it is a creative cooperative that has been set up by a group of craftspeople from southern Sweden. Formargruppen run both a gallery and a shop. You can enjoy the high quality exhibitions and buy beautiful crafts made of wood, silver, ceramic, textiles, glass and iron.

After that, wander round to Östergatan for a spot of lunch at Sankt Gertrud with historic buildings that show how the well-to-do residents of Malmö lived in the past. Across the road from Sankt Gertrud is the newly-renovated shopping centre Kv Caroli, which offers a wide range of stores. Don't miss Boulebar in the hussar regiment's former stables on Drottningtorget. Challenge each other to a game of boule and have a delicious drink in the French-themed bar.

Plans for the evening? Our arenas, Malmö Arena and Swedbank Stadion, offer both sporting events and concerts for your entertainment. Take a closer look at our calendar of events on www.malमतown.com.





Lilla Torg



Sankt Gertrud



Formargruppen



Boulebar



Möllvången "Möllan"

Guided Tours, Eateries and Malmotown ...

What do you say to the idea of visiting locations from the TV series "The Bridge" or sampling the flavours and smells from all over the world on a spice tour of Rosengård? Become more absorbed in your visit to Malmö and in the city's diversity. You're sure to find a theme to suite your taste among the wide range of guided tours on offer in Malmö with themes such as the Western Harbour, organic/fairtrade shopping, roof gardens, spices, Wild Malmö and the TV series "The Bridge".

You can find even more ideas for your trip to Malmö on www.malmotown.com. Don't miss our content-rich Tour Operator Pages, which contain information for bus tour operators about guided tours, bus parking, restaurants for groups and much more.



MALMÖ